

## Refereeing Department's Meeting

The FILA Refereeing Department met in Fort Myers (USA) on 04-05 January 2011 to draw up its annual report. President Martinetti was surrounded for that task by Mr. Ik-Jong Kim (KOR), FILA Bureau member and Instructor, and by the eight Instructors who could be present in Florida: Mr. Kamel Bouaziz (TUN), Mr. Grzegorz Brudzinski (POL), Mr. Ender Buyukersen (TUR), Mr. Konstantin Mikhaylov (UZB), Mrs. Marianne Nobs (SUI), Mr. Karri Toivola (FIN), Mr. Rick Tucci (USA), and Mr. Vitaly Tulupov (RUS).

The referees' category for 2011 were approved by the Department members upon analysis of the referees' participation and work during the international competitions held in 2010. The Olympic referee list was also drawn up and confirmed by the FILA Bureau after the meeting. To be noted the inclusion of 8 young referees further to their exemplary work during the Youth Olympic Games in Singapore, sometimes with a direct update from category III. In conformity with the FILA regulations, all Olympic referees will have to participate in the 2011 senior European and World Championships in order to remain eligible. The category-I referees wishing to apply for the Olympic category will have to be assessed during the 2011 Continental Championships. The final round of qualifications for the 60 referees who will officiate at the London Olympic Games will take place on the occasion of the senior European Championship held in Belgrade (SRB) on 06-11 March 2012.

The Refereeing Department also drew up the 2011 course calendar by considering a fair continental distribution of the courses. The calendar can be consulted under "Referees > 2011 Courses". The information necessary for the referees' work in 2011 will be published in the Official Bulletin that will soon reach all National Federations.

<http://www.fila-wrestling.com/>

## American Airlines Challenge NCWA vs. NAIA All-Star Dual set for Orlando this weekend

DALLAS - The National Collegiate Wrestling Association (NCWA) and National Association of Intercollegiate Athletics (NAIA) renew their first-of-its-kind wrestling event Saturday at the American Airlines Champions Challenge in Orlando, Fla.

The AA Champions Challenge, in its second year, is a dual match between the returning NCWA and NAIA national champions and/or the top-ranked wrestlers from each association. The NCWA will have two of its defending national champions and three runners-up within its lineup, while the NAIA has six returning All-Americans in its lineup. Combined, there are 13 of each association's finest programs represented at the Challenge, and the competing student-athletes hail from 11 different states.

The NAIA topped the NCWA, 39-3, in the inaugural event last year held in conjunction with the Lone Star Duals in Grand Prairie, Texas. Each association has one wrestler back for the 2011 Challenge, as the NCWA's Kevin Bacci, a senior from West Chester University and the defending NCWA champion at 174 pounds, takes on Jameon Rush, a junior from Hastings College (Neb.) who is currently ranked sixth in the NAIA at 165 pounds and placed 5th in the nation at 174 last year. In the highlight match of last year's Challenge, Rush held on to defeat Bacci 4-3 in triple overtime to win the 174 match.

The coaches for both squads also represent the best the associations have to offer. Coaching the NCWA are Jason Balma of NCWA defending champion Central Florida, Jovon Butler of 2009 champion The Apprentice School and John Petty of new NCWA program and former NAIA program California Baptist. Guiding the NAIA team will be Brian Jackson of Missouri Baptist, Jake Stevenson of Morningside (Iowa) and Patrick Giangrosso of Missouri Valley.

The AA Champions Challenge will be at The Venue at UCF, a unique 2,000-seat facility that was completely renovated and re-opened in 2008 as an 87,000-square foot multi-purpose facility. It was formerly called UCF Arena.

## Alex Meade transfers to West Virginia

West Virginia University wrestling coach Craig Tumbull today announced the signing of 157/165-pound wrestler Alex Meade, a former No. 1 recruit in the country.

Meade, a Camden, Del., native, comes to WVU from Oklahoma State where he redshirted the 2008-09 season before competing last season at 165 pounds for the Cowboys. He will wrestle at 157 pounds for the Mountaineers and is eligible to compete immediately as a redshirt sophomore.

"Out of high school, Alex was one of the top recruits in the country," Tumbull says. "He visited many schools, including West Virginia, and received attention nationwide. He and his father felt that Coach (Greg) Jones would be an outstanding mentor both from a wrestling and personal perspective. They were very impressed with everything that they saw. Coach Jones and Alex share the same athletic background and style of wrestling."

At Caesar Rodney High, Meade compiled an impressive 125-4 record throughout his career, including 39-0 as a junior and 44-0 as a senior. A three-time state champion, Meade was also a member of the Junior World team, a two-time Beast of the East champion and two-time FILA cadet freestyle national champion. He was recruited by some of the nation's top programs, including Iowa State, Ohio State and Nebraska.

Last season at Oklahoma State, he earned a 29-10 record, including a 15-3 mark in dual meets. He defeated four eventual All-Americans during the year, including three wins over Oklahoma's Tyler Caldwell. He also defeated No. 2 Dustin Schlatter of Minnesota, No. 4 Ryan Morningstar of Iowa and Wyoming's No. 11 Shane Onufer.

Meade placed fourth at the Big 12 Championships last year and earned a spot at the NCAA Championships. Before redshirting in 2008, he compiled a 19-2 record, which included a string of 12 straight victories. His 19 wins tied for the lead among OSU's redshirts.

"He has a lot of potential and we hope to provide him with an environment that he can reach all of his goals and come out with a degree that's useful to him," Tumbull says.

<http://www.themat.com/>

## Mount Union wrestling team involved in van crash; school official killed

The director of athletic training at an Ohio university died Tuesday night when a bus carrying the wrestling team and others crashed, the school said Wednesday.

Dan Gorman, 52, director of athletic training and associate professor of human performance and sport business at the University of Mount Union, died from injuries suffered in the crash about 11 p.m., according to a statement from the university. Mount Union is located in Alliance, Ohio, about 32 miles southeast of Akron.

The bus was carrying the school's wrestling team, coaches, statisticians, an athletic trainer and athletic training students, the statement said. It was returning to campus following a match at Ohio Northern University in Ada, about 16 miles east of Lima, when it was involved in the crash near Bucyrus, Ohio.

The Ohio State Patrol said it is investigating the crash, which occurred between the university bus and an Ohio Department of Transportation snow plow. Both vehicles were eastbound, the patrol said in a statement, and the vehicles collided when the bus attempted to pass the plow, which was plowing the left lane.

Twenty-eight passengers were on the bus, the state patrol said. Gorman was pronounced dead at a hospital, and four others were treated and released for minor injuries.

Gorman came to Mount Union in 1985, the school said, and was "integral to the success of the university's athletic training program." Mount Union said it was making counselors and the university chaplain available to members of the campus community.

<http://www.themat.com/>

## Oklahoma State ties Iowa 15-15 in heated battle with no bonus points scored

STILLWATER, Okla. – When you lead a program that's won 34 NCAA championships, you aren't going to be very happy with a tie.

When you're the leader of a program that's won 69 consecutive dual meets and 23 national titles, including the last three, you aren't going to be satisfied with a tie.

But that is what the 4,580 mat fans inside Gallagher-Iba Arena got on Sunday afternoon, a 15-15 draw.

Each squad won five bouts with heavyweight Blake Rasing's overtime victory over the 208-pound Blake Rosholt in the dual's final bout providing the final points.

"The streak is important. If you are winning that is what it's about," said Iowa head coach Tom Brands, whose 10th-ranked Hawkeyes are now 8-0-1. "Bonus points are the difference. None were scored, so it's a tie. We have opportunities with the firepower we have in that lineup but it is not showing up.

"It's going to have to start showing up one way or another."

The Cowboys (7-2-1) entered the 45th meeting between the schools ranked sixth after dropping a pair of duals at last weekend's NWCA National Duals in Cedar Falls. OSU was the last team to beat Iowa in a dual meet, upsetting the Hawks in Carver-Hawkeye in 2008.

Head coach John Smith, like Brands, certainly isn't satisfied with a tie.

"Tie doesn't do a lot for anyone," said Smith, whose squad travels to Ames to meet Iowa State next Sunday. "I think we had our opportunities that we didn't take advantage of. But we also had some guys that were in some tough battles who won matches.

"We had some young guys out there wearing their emotions on their sleeves and we have to train through that, we have to make sure we are prepared and mentally ready to push through hard matches."

Six of the ten bouts included tense third periods. Only 133 pounds nearly reached bonus-point territory.

Top-ranked Jordan Oliver looked as though he was going to bulldoze Iowa junior transfer Tyler Clark, building an 8-2 lead after three powerful first-period takedowns and a two-point near fall. But Clark put on a tough ride in the third period, and used an escape at the end of the second period buzzer, to keep the deficit at 11-4 for Oliver (14-0). It was only the second match this season Oliver has not recorded bonus points.

"It looked like routine fly balls in that first period with those double legs," Brands said. "(Clark) rode him out in the third period but never really tried to turn (Oliver). It looked like he was trying to lose a 6-4 match. I'm sure some of John's (Smith) frustration comes with that match too."

2010 NCAA champion Matt McDonough (13-1) gave the visitors a 3-0 lead with a 7-3 victory over rookie Jon Morrison at 125 pounds.

The see-saw dual saw Iowa pick up a wild 8-3 win by Mark Ballweg (12-3) at 141 pounds. Ballweg and OSU true freshman Josh Kindig rolled, twisted, flipped and turned for almost the entire three minutes of a scoreless first period.

Kindig took a brief 2-0 lead with a near fall in the second, but Ballweg, a sophomore, escaped and scored a key takedown with 25 seconds left in the second for a 3-2 lead. Kindig escaped to start the third but Ballweg finished strong with a takedown and late near fall plus 1:24 of riding time.

OSU again tied the dual with an 8-4 victory by Jamal Parks (16-2) at 149.

Iowa bounced back with another strong third period at 157 pounds. Redshirt-freshman Derek St. John (10-2) led 4-1 after one period only to see Neil Erisman rally to tie it at 4 after five minutes. Erisman put on a good third period ride but St. John escaped late in a match that appeared headed to overtime. However, Erisman's poor shot attempt was countered by the Hawkeye for a 7-5 win and a 9-6 Iowa lead.

Another of OSU's rookies, Dallas Bailey, had the highlight move of the day, countering an Aaron Janssen shot with five-point throw in the first period at 165. Bailey (17-2) spent most of the rest of the match fighting off Lofthouse shots in a 6-2 win that tied the dual at 9.

Mike Benefiel and Ethen Lofthouse (11-4) slugged away for seven minutes with the Hawk redshirt-freshman grinding his way to a 4-3 win at 174 pounds.

## Wrestlers of the Week: ACC, Northern Sun, Big Ten, Big 12, CAA, RMAC name winners

### **Mock named ACC Wrestler of the Week**

*By Steve Phillips  
Atlantic Coast Conference*

North Carolina 157-pound freshman Corey Mock has been named the Atlantic Coast Conference Wrestler of the Week following a weekend that included an upset of the nation's fifth-ranked wrestler and a first-period pin that helped key the Tar Heels to a non-conference victory.

Mock scored an 11-5 decision over Virginia Tech's nationally fifth-ranked and previously unbeaten Jesse Dong in the ACC opener for both teams on Saturday. Mock took control with an early takedown and used two two-point near falls in the second period to add to the lead. Mock's win temporarily halted the momentum of the fourth-ranked Hokies, who had opened with wins by decision in each of the first four weight classes en route to an eventual 25-9 team victory.

Mock helped the Tar Heels bounce back later in the day with a pin of Clarion's Kyle Braddock in just 1:39. Mock's six points helped the Tar Heels post a 32-10 victory. The Chapel Hill, N.C., native improved to 26-11 on the season with the two wins.

North Carolina returns to action tonight with a 7 p.m. match at Duke. The match will be the ACC opener for the Blue Devils and kicks off a busy week involving ACC teams.

Eight more matches are scheduled for Friday, Saturday and Sunday, including a pair of ACC contests. Virginia wrestles at North Carolina on Friday at 7 p.m., and Maryland plays host to Virginia Tech on Sunday at 2 p.m.

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### **Meuleners named Northern Sun Wrestler of the Week**

*By Nick Komder  
Northern Sun Intercollegiate Conference*

Matt Meuleners went 4-0 in four dual meet bouts last week, recording two pins and a pair of shutout decisions in the process. Meuleners pinned both his opponents on Wednesday, helping the Wolves to a pair of dominating non-conference victories over Sioux Falls (50-3) and Northwestern College (47-3).

He then earned a 9-0 major decision win over Minnesota State's Nate Haynes on Friday night and a 6-0 victory over Upper Iowa's Zach Rosol less than 24 hours later. Meuleners is now 16-2 on the season and ranked fourth in the nation.

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### **Zeerip named Big Ten Wrestler of the Week**

*By Bob Healy  
Big Ten Conference*

Michigan 157-pounder Brandon Zeerip collects his first Big Ten Wrestler of the Week award after leading the 11th-ranked Wolverines to dual-match wins over No. 21 Purdue on Friday and No. 20 Central Michigan on Sunday. The freshman made his collegiate dual debut against Purdue's Colton Salazar, pinning the 19th-ranked Boilermaker in 5:27 to help Michigan to a 28-13 victory.

Zeerip then notched nine takedowns en route to a 19-8 major decision over Central Michigan's Eric Cubberly, leading the Wolverines to a 21-12 win over the Chippewas. The back-to-back wins pushed Michigan's record to 6-2 overall and 1-0 in Big Ten duals. Zeerip now holds a 23-7 overall record this season.

*Last Michigan Wrestler of the Week: Kellen Russell (Dec. 7, 2010)*

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### **Oklahoma's Nathan Fernandez named Big 12 Wrestler of the Week**

*By Taylor Wilson  
Big 12 Conference*

Senior Nathan Fernandez helped the Sooners cruise past No. 8 American (22-14) after upsetting AU's third-ranked Ryan Flores, 4-2, at the Lone Star Duals. Fernandez earned two takedowns and an escape over the two-time NCAA qualifier to cap-off the win for OU. He also defeated Harvard's Andrew Knapp by major decision, 12-2. Ranked as the No. 11 heavyweight in the nation, Fernandez had four takedowns, an escape and a nearfall in his match to lead the Sooners past Harvard, 33-8.

## Oklahoma City's Kidd Gomez named NAIA Wrestler of the Week

Kidd Gomez of Oklahoma City has been named the NAIA National Wrestler of the Week, the national office announced Wednesday. Gomez was selected based on his performances from Jan. 10 - 16.

Gomez scored bonus points in three of four matches wrestled, including two major decisions en route to the 125-pound title at the Cumberland (Tenn.) Open on Jan. 16. He posted a 10-2 major decision over Larone Madison of Cumberlands (Ky.) to open the event and followed with a 19-9 major decision against Lindsey Wilson's (Ky.) Andy Lenz. Gomez notched a 6-1 decision over Campbellsville's (Ky.) Jarvis Elam in the championship bout.

In dual action against Baker (Kan.) on Jan. 12, the sophomore registered his fourth pin of the season with a 6:05 stick of Allen Gassman.

The Noble, Okla., is currently ranked 10th at 125 pounds and owns a 14-9 record. Of those 14 wins, eight have resulted in bonus points (four pins, four major decisions).

The next Wrestler of the Week announcement will be on Jan. 26.

Nominees: Eric Burgey, William Penn (Iowa); Raleigh Abbott, Shorter (Ga.); Steven Butler, Lindenwood (Mo.); Damion Stephenson, Cumberlands (Ky.); Nick Hutcheson, Dakota Wesleyan (S.D.); Bradley Rogers, Cumberland (Tenn.).

<http://www.themat.com/>

## U.S. women wrestlers to compete at Guelph Open in Canada on January 22

A number of U.S. women freestyle wrestlers will travel to Canada to compete in the Guelph Open in Guelph, Ontario, Canada on Saturday, January 22.

The tournament is considered one of the top women's events in Canada each year. There will also be a men's freestyle division held at the annual competition.

A group of athletes who train full-time at the U.S. Olympic Training Center will participate in the tournament.

Expected to compete are 2010 U.S. World Team members Alyssa Lampe (Colorado Springs, Colo./Sunkist Kids) at 48 kg/105.5 lbs., Jessica Medina (Colorado Springs, Colo./Sunkist Kids) at 51 kg/112.25 lbs. and Stephany Lee (Colorado Springs, Colo./Sunkist Kids) at 72 kg/158.5 lbs.

Also making the trip are U.S. Olympic Training Center resident athletes Sara Fulp-Allen (Colorado Springs, Colo./New York AC) at 48 kg/105.5 lbs., Katherine Fulp-Allen (Colorado Springs, Colo./New York AC) at 51 kg/114.5 lbs., and Trinity Plessinger (Colorado Springs, Colo./Sunkist Kids) at 55 kg/121 lbs. All have been members of past U.S. age-group World teams, and Katherine Fulp-Allen is a past University World champion.

2008 Olympian Ali Bernard (New Ulm, Minn./Gator WC), a 2009 U.S. World Team member, may also compete in Guelph at 72 kg/158.5 lbs.

In addition, a number of women wrestlers from the U.S. Olympic Education Center at Northern Michigan will also compete in Canada.

Included in the group is 2001 U.S. World Team member Jenna Pavlik, Lewes, Del. (New York AC/USOEC) at 72 kg/158.5 lbs. Past Junior World Team members Erin Golston, Lake In the Hills, Ill. (USOEC) at 48 kg/105.5 lbs. and Schuyler Brown, Montpelier, Va. (Gator WC/USOEC) at 59 kg/130 lbs. will also compete. Jenna Burkert, Rocky Point, N.Y. (New York AC/USOEC), a member of the 2010 U.S. Youth Olympic Games team, is expected to wrestle at 59 kg/130 lbs.

Athletes weigh in on Friday, January 21, with competition beginning at 9:00 a.m. on Saturday, January 22.

Additional U.S. athletes may compete in either the women's or men's division, as this is an open competition.

**GUELPH OPEN**  
At Guelph, Canada, January 22

## **Lithuanian Championship**

### **Results freestyle wrestling**

Šarunas Jurcys (55 kg, Klaipeda)

Vitas Ciunakovas (60 kg, Klaipeda)

Arnas Draugelis (66 kg, Klaipeda)

Rostislavas Legenzovas (74 kg, Klaipeda)

Edgaras Voitechovskis (84 kg, Klaipeda)

Mindaugas Rumbutis (96 kg, Klaipeda)

Simas Asaciovas (120 kg, Radviliškis)

### **Results greco-roman wrestling**

Ramunas Dagys (55 kg)

Arturas Macijevskis (60 kg)

Edgaras Venckaitis (66 kg)

Aleksandras Kazakevicius (74 kg)

Vladislavas Lukaševicius (84 kg)

Aldas Lukošaitis (96 kg)

Marijus Grygelis (120 kg)

### **Results female wrestling**

Vaida Puidaite (48 kg)

Deimante Butaviciute (51 kg)

Aiste Balciunaite (59 kg)

Indre Bubelyte (63 kg)

Giedre Blekaityte(72 kg)

<http://www.imtynes.lt/>

## **Bulgarian Championship**

### **Results**

#### **Female wrestling**

## Wrestling legend Dan Gable to go 'On the Mat' this week

Dan Gable, legendary wrestler and coach, will go "On the Mat" this Wednesday, January 26.

"On the Mat" is a presentation of the National Wrestling Hall of Fame Dan Gable Museum. The show can be heard live on the Internet at [www.kcnzam.com](http://www.kcnzam.com) or locally in Northeast Iowa each Wednesday from 5:05 - 6:00 PM CST on AM 1650, The Fan.

E-mail [radio@wrestlingmuseum.org](mailto:radio@wrestlingmuseum.org) with any questions or comments about the show.

Gable was the head wrestling coach at the University of Iowa from 1977-1997. His teams won 15 NCAA team titles in 21 years and compiled a 355-21-5 dual meet record. As a wrestler, Gable was an NCAA champion for Iowa State in 1968 and 1969. He won the 1972 Olympics in freestyle wrestling without surrendering a point.

Gable recently retired from the University of Iowa as an administrator. This show will focus on his career and legacy in wrestling

<http://www.themat.com/>

## Poland Cup 2011

Freestyle wrestling. Female wrestling. Results

[1 PPS sw 21-22.01.-Osielsko](#)

[1 PPS kob 21-22.01.-Osielsko](#)

<http://www.zapasy.org.pl/>

## 32 Man Showdown Absolute - Results

London, ON  
January 22, 2011  
Western Fairgrounds-Health and Fitness Show

Hundreds of people were at the Western Fair Grounds Health and Fitness show today to watch and support the athletes competing today. Amazing technique, Shocking upsets and back and forth battles were showcased at this 32 Man Grappling Tournament in what was a great success! While last tournament's Champion was unable to attend we crowned a new winner and possibly a super match is now in order?

1st - Daniel Tsatsos (Xtreme Couture Toronto)  
2nd - Andrew Elliott (Adrenaline)  
3rd - Mike Dias (Xtreme Couture Toronto)

Here are the official results:

### First round

Rowan Cunningham vs. Brian Nichol  
R.C. Armbar :50 sec

Andrew Macaloney vs. Stephen Norton  
S.N. points 8-6

Andy Burwell vs. Chad Laprise  
C.L. points 11-1

## Professor Barbas' Scientific Study

The European Journal of Applied Physiology published the results of Dr. Ioannis Barbas' study "Physiological and performance adaptations of elite Greco-Roman wrestlers during a one-day tournament". The article was regarded by the journal's scientific committee as one of the best of the decade. The study aimed at determining the effects of a simulated one-day Greco-Roman wrestling tournament on selected performance and inflammatory status indices. Twelve elite wrestlers completed five matches according to the official Olympic wrestling tournament regulations following a 6% weight loss. Performance measurements, muscle damage assessment, and blood sampling were performed before and following each match. The complete results and experience parameters can be found at the [following link](#).

Dr. Barbas is Assistant Professor at the Democritus University of Thrace (GRE) and a regular lecturer at the FILA Advanced Schools for Coaches. FILA congratulates him for the success of his study and for his contribution to the advancement of the scientific knowledge on wrestling.

<http://www.fila-wrestling.com/>

## Wrestlers of the Week: WWC, CAA, ACC, Big Ten, USCAA, Northern Sun, Big 12

### Ryan Loder named Western Wrestling Conference Wrestler of the Week

*By James Warnick*

*Utah Valley University/Western Wrestling Conference*

Northern Iowa 184 pound redshirt freshman Ryan Loder was named the Western Wrestling Conference Wrestler of the Week after upending a higher ranked foe on the mat last week. The conference honor is Loder's third of the season and was announced by the league Tuesday morning.

Loder, ranked 14th nationally at the time, extended his current winning streak to seven with a 5?0 win over Nebraska's No. 12?ranked Josh Ihnen Sunday.

Loder scored a takedown in the first period to take an early 2?0 lead. The Granite Bay, Calif. native added an escape in the second period to go up 3?0. Loder managed to ride Ihnen out in the third period, picking up a stalling point as well as a riding time point for the 5?0 win.

The UNI 184-pounder is the first wrestler to hold Ihnen scoreless this season.

Loder is currently riding a seven match winning streak and has won 12 of his last 14 matches, including four wins over ranked wrestlers.

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### Steve Bonnano, Bubba McGinley win CAA weekly awards

*By Bud Focht*

*Rider University Sports Information*

Steve Bonanno of Hofstra University is the Colonial Athletic Association Wrestler of the Week, and Bubba McGinley of Boston University is the CAA Rookie of the Week, for all competition January 18-24.

Bonanno, a sophomore 125 from Wantagh, NY, won his 125 pound weight class at the 42nd annual New York State Championships, winning all three of his matches. Currently ranked second in the CAA, Bonanno defeated the third, fifth and seventh seeds at the NY States to improve to 17-9 on the season.

McGinley, a freshman from Doylestown, PA (Central Bucks), won all three of his matches last week, including a fall, to improve to 12-8 on the season. McGinley is now the sixth ranked 125 in the CAA.

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## **Brian Smith, Barry Davis, Rich Bender, Joe Bastardi, Rob Koehler and Jeff Murphy on this week's Takedown Wrestling**

DES MOINES, Iowa - Hello again wrestling fans! This week's show will be LIVE from our Brute Adidas studios. Join Scott Casber, Ryan Freeman, Geoff Murtha and our own Jeff Murphy our two-hour show brought to you by Kemin Agrifoods.

This week, we look at Wisconsin and Andrew Howe with Barry Davis. We'll talk with Missouri's Brian Smith about his Sunday endowment dual meet. We'll talk with USA Wrestling's Rich Bender about the 2012 Olympic Trials. Our PSU Insider Joe Bastardi will update us on the Nation's New No. 1 team and of course our Kemin Big 10 and Big 12 review with Jeff Murphy.

Join us LIVE 9 AM to 11 AM on Takedown Wrestling Radio. Listen on radio, on computer, your Blackberry or iPhone with the iHeartRadio App.

Our Guests Include: (All times Central)

- 9:01 Brian Smith - Head Coach of Missouri
- 9:20 Barry Davis - Head Coach of Wisconsin
- 9:40 Rich Bender - Executive Director of USA Wrestling
- 10:01 Joe Bastardi - Our Penn State Wrestling Insider
- 10:20 Jeff Murphy - Kemin's Top 20 Report
- 10:40 Rob Koehler - Founder Ear Slintz
- 10:50 Maureen Roshar - Wildrose Resorts

<http://www.themat.com/>

## **Straughn named NAIA Wrestler of the Week**

Thomas Straughn of Notre Dame (Ohio) has been named the NAIA National Wrestler of the Week, the national office announced Wednesday. Straughn was selected based on his performances from Jan. 17 - 23.

Straughn earned the 157-pound title at the Simonson Open hosted by Ashland University (Ohio) on Jan. 22. The reigning 157-pound national champion went 5-0 at the event, winning two bouts via major decision. He posted a 17-6 major decision over NCAA Division I Michigan State's Nick Humes, who was wrestling unattached, in the quarterfinals. In the championship bout, Straughn edged Josh Demas of Ohio State, who was wrestling unattached, 5-4.

The senior hailing from Massillon, Ohio, owns the No. 1 ranking at 157 pounds and has won 13 straight bouts dating back to Nov. 7, 2010. He is 15-2 on the mat this season and has six major decisions to his credit.

The next Wrestler of the Week announcement will be on Feb. 2.

Nominees: Blake Augustyn, Concordia (Neb.); Cameron Schremp, Dickinson State (N.D.); Ross Mosher, Great Falls (Mont.); Rashad Riley, McKendree (Ill.); David Clemens, Campbellsville (Ky.); Bradley Rogers, Cumberland (Tenn.).

2011 Composite Award Winners (Schedule)

Week 1: Tommie Hooper, Southern Oregon

Week 2: Kidd Gomez, Oklahoma City

Week 3: Thomas Straughn, Notre Dame (Ohio)

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## MatChat Podcast: Augustana head coach Jason Reitmeier

Augustana heads into Thursday's dual with St. Cloud State with a lot on the line. Coach Jason Reitmeier's Vikings are ranked second in the nation, while Steve Costanzo's Huskies are ranked third, but are fresh off a win over top-ranked Nebraska-Omaha.

Reitmeier talks with Jason Bryant on the latest installment of USA Wrestling's MatChat Podcast about the dual with St. Cloud and the revival of Augie wrestling.

Fans can watch the dual online Thursday night by ([Watching at GoAugie.com](http://Watching.at.GoAugie.com)).

Listen by clicking play below

### Subscribing to the USA Wrestling MatChat Podcast

Throughout the year, USA Wrestling staff will talk with coaches, athletes and each other about the happenings in wrestling.

Also featured in the podcast are video features by USA Wrestling and archived shows from "On The Mat," the weekly wrestling radio program hosted by the National Wrestling Hall of Fame's Dan Gable Museum.

To subscribe to the podcast using iTunes, [click here](#).  
(NOTE: This method only works if you use iTunes)

You can also search for "USA Wrestling" in the iTunes store. Subscribing to the podcast is free.

To subscribe to the podcast using another program or RSS reader, enter this URL  
(<http://www.themat.com/podcasts/rss.xml>) into your browser and click subscribe or enter into your respective podcast program.

<http://www.themat.com/>

## Final WCWA women's college individual rankings released

**Victoria Anthony of Simon Fraser, a Junior World champion from the United States, is a returning WCWA champion and holds a No. 1 ranking going into the WCWA Nationals at Menlo on Saturday.**

The final individual rankings of the year have been released for the Women's Collegiate Wrestling Association.

The WCWA Nationals will be held at Menlo College on Saturday, January 29.

Four returning WCWA national champions hold No. 1 rankings going into the tournament: Victoria Anthony of Simon Fraser at 48 kg/105.5 lbs., Helen Maroulis of Simon Fraser at 55 kg/121 lbs., Danielle Lappage of Simon Fraser at 63 kg/138.75 lbs. and Britteny Delgado of Oklahoma City at 80 kg/176 lbs.

Defending WCWA champions Oklahoma City has the most No. 1 athletes going into the tournament with five: Delgado, plus Nicole Woody at 44 kg/97 lbs., Ashley Hudson at 59 kg/130 lbs., Kristie Davis at 67 kg/147.5 lbs. and Mellisa Simmons at 72 kg/158.5 lbs.

Davis, a two-time World champion and nine-time World medalist, is competing in her first WCWA Nationals. Simmons was a 2008 WCWA National champion

Other top ranked wrestlers going into the national tournament are Carlene Sluberski of the USOEC program at Northern Michigan at 51 kg/112.25 lbs. and Marina Lambert of King College at 90 kg/198 lbs.

Two athletes who have won two WCWA National titles in their career are ranked No. 2 in their weights, Michaela Hutchinson of Oklahoma City at 55 kg/121 lbs. and Hillary Greening of Simon Fraser at 90 kg/198 lbs. Both were champions in both 2009 and 2010.

Hutchison is ranked behind Maroulis, putting two returning champions at the 55 kg/121 lbs. weight class. Greening, who has moved up a weight from where she won last year, is behind Lambert, who is wrestling in her first WCWA Nationals.

[Click here for January 27, 2011 WCWA Individual rankings](#)

<http://www.themat.com/>

## Lehigh's top-ranked Zach Rey looking to capture first NCAA title at heavyweight

**Lehigh's Zach Rey celebrates after his team's win over No. 1 Cornell. Lehigh University photo.**

This was the kind of moment heavyweight wrestlers like Lehigh junior Zach Rey dream about.

Final match of the night. Team down by two. Facing the No. 1 team in the country. Boisterous home crowd on its feet.

Rey delivered in his big moment in the spotlight, scoring a dominating 8-0 major decision over Oney Snyder to lift No. 17 Lehigh to a dramatic 17-15 win over top-ranked Cornell on Jan. 20 in Bethlehem, Pa.

"That was an amazing match and a great environment to wrestle in," Rey said. "The fans were so loud and the atmosphere was just crazy in there. We knew we could compete with Cornell. Everybody on our team did what they needed to do. It was a great night."

Placing the dual's outcome in the hands of Rey was the perfect scenario for Lehigh. Rey, coming off a third-place finish at the 2010 NCAA tournament, is 20-0 and ranked No. 1 nationally this season. He's already beaten 11 ranked wrestlers, including six ranked in the top 10.

"Zach kept his composure in that match against Cornell and he kept wrestling hard," Lehigh coach Pat Santoro said. "He came through for us. He's pretty focused. He's one of those guys that take wrestling really seriously. He studies a lot of film and is constantly working hard to become a better wrestler."

Rey is as tough as any heavyweight out there. He tore the ACL and MCL in his knee during the state semifinals, but that didn't stop him as he won one of his two New Jersey state high school titles.

"I knew how bad it was," he said. "But I had to finish it off."

Rey was recruited to Lehigh by Coach Greg Strobel and redshirted his first season there.

## **Metcalf places fifth at Yarygin Memorial in Russia; Sunday's draws set**

KRASNOYARSK, Russia – Brent Metcalf (Iowa City, Iowa/New York AC) placed fifth at 66 kg/145.5 lbs., the top U.S. performance on the second day of the Ivan Yarygin Memorial Grand Prix on Saturday.

Metcalf, a member of the 2010 U.S. World Team, was defeated in a bronze medal match by Magomedmurad Gadzhiev of Russia, 2-2, 0-1. Gadzhiev was a 2008 Junior World champion and second in 2010 European Championships.

He opened with a pair of victories over Russians Elydar Najmutdinov, 1-1, 1-0, 1-0 and 2002 European champion Zaur Boteav, 1-0, 1-0. He was defeated in the quarterfinals by 2009 World bronze medalist Tatsuihiro Yonemitsu of Japan, 0-1, 0-1.

In his first repechage match, Metcalf defeated Azamat Omurzhanov of Kazakhstan, 1-0, 4-1 to earn a spot in the bronze-medal round.

The other U.S. competitor on Saturday was at 60 kg/132 lbs., 2009 U.S. World Team member Shawn Bunch (Columbus, Ohio/Gator WC), who was defeated in his first match by 2008 Olympic bronze medalist Kenichi Yumoto of Japan, 0-4, 1-0, 0-1.

When Yumoto was beaten by Ahmed Chakaev of Russia and fell short of the finals, Bunch was eliminated from the repechage rounds.

The last three weight classes will be held on Sunday, and the eight U.S. wrestlers who are entered weighed-in and received their draws. Seven of the eight U.S. wrestlers are past U.S. World Team members, including 2009 World bronze medalist Tervel Dlagnev (Columbus, Ohio/Sunkist Kids) at 120 kg/264.5

### **IVAN YARYGIN MEMORIAL GRAND PRIX At Krasnoyarsk, Russia**

#### 60 kg/132 lbs.

Gold - Opan Sat (Russia)  
Silver - Rasul Murtazaliev (Russia)  
Bronze - Ahmed Chakaev (Russia)  
Bronze - Aslan Dohov (Russia)

#### 66 kg/145.5 lbs.

Gold - Adam Batirov (Russia)  
Silver - Tatsuihiro Koneitsu (Japan)  
Bronze - Magomedmurad Gadzhiev (Russia)  
Bronze - Israil Kasumov (Russia)

#### **U.S. performances**

60 kg/132 lbs. – Shawn Bunch, Columbus, Ohio (Gator WC), dnp  
LOSS Kenichi Yumoto (Japan), 0-4, 1-0, 0-1

66 kg/145.5 lbs. – Brent Metcalf, Iowa City, Iowa (New York AC), 5th  
WIN Elydar Najmutdinov (Russia), 1-1, 1-0, 1-0  
WIN Zaur Boteav (Russia), 1-0, 1-0  
LOSS Tatsuihiro Yonemitsu (Japan), 0-1, 0-1  
WIN Azamat Omurzhanov (Kazakhstan), 1-0, 4-1  
LOSS Magomedmurad Gadzhiev (Russia), 2-2, 0-1

#### **U.S. draws for Sunday**

84 kg/185 lbs. – Jake Herbert, Evanston, Ill. (New York AC)  
Vs. Ishtvan Vereb (Hungary)

84 kg/185 lbs. – Raymond Jordan, Tempe, Ariz. (Sunkist Kids)  
Vs. Aybek Usupov (Kyrgyzstan)

84 kg/185 lbs. – Andy Hrovat, Cleveland, Ohio (New York AC)  
Vs. Albert Saritov (Russia)

96 kg/211.5 lbs. – J.D. Bergman, Columbus, Ohio (New York AC)  
Vs. Arslanbek Aliev (Russia)

## **BREAKING NEWS: No. 11 Iowa knocks off No. 1 Penn State, 22-13**

UNIVERSITY PARK, Pa. – The University of Iowa wrestling team took full advantage of its chance to play spoiler Sunday afternoon, knocking off top-ranked and undefeated Penn State, 22-13, at Rec Hall in University Park, PA. The Hawkeyes held Penn State to its lowest point total of the season, while handing the Nittany Lions (13-1, 2-1 Big Ten) their first loss of 2010-11. The dual will be aired on the Big Ten Network Sunday at 8:30 p.m. (CT) and Tuesday at 6 p.m. (CT).

The eighth-ranked Hawkeyes (11-0-1, 4-0 Big Ten) used a pin from sophomore Matt McDonough at 125, a major decision from senior Luke Lofthouse at 197 and decisions from redshirt freshman Tony Ramos (133), junior Montell Marion (141), senior Aaron Janssen (165) and sophomore Grant Gambrell (184) to extend its unbeaten streak to 73 duals. Marion, who was the 2010 NCAA runner-up at 141, was making his first appearance in the Hawkeye lineup since being reinstated to the team earlier this month.

Iowa jumped out to a 12-0 lead with wins at the first three weights, silencing the sold-out crowd of 6,500. McDonough opened the dual with his third-straight pin, sticking Penn State's Nate Morgan in 4:16. The Hawkeye sophomore, who pinned top-ranked Brandon Precin of Northwestern Friday night, gave the Hawkeyes six vital team points with the pin while improving to 16-1 (12-0 in duals). Ramos, who is ranked between 10th and 14th in the nation, scored Iowa's first upset of the day with a 3-2 decision over Penn State's Andrew Long, who is ranked fourth or fifth. Ramos used a second-period takedown and a third-period escape to remain undefeated in dual competition at 8-0, and hand Long (6-1) his first loss of the season. Marion fought off his back to beat No. 5/6 Andrew Alton of Penn State, 11-9. Alton jumped out to a 5-0 lead near the end of the first period after taking Marion down and scoring three nearfall points. Marion chipped away at the lead in the second period before exploding for three takedowns in the third and collecting 1:16 in riding time for his first win of the season.

Penn State responded with wins at 149 and 157 to make the score 12-7 going into the intermission. With Marion's appearance in the lineup at 141, Hawkeye sophomore Mark Ballweg bumped up to 149 to face Penn State junior Frank Molinaro, who is ranked between fifth and seventh in the nation. Ballweg, who is ranked between 12th and 15th at 141, fought hard, but the weight difference helped Molinaro score a 10-3 decision. Nittany Lion redshirt freshman David Taylor, who entered the dual with an undefeated 25-0 record and a No. 2/3 national ranking, scored Penn State's only bonus points of the dual with his 12-4 major decision over Hawkeye redshirt freshman Derek St. John at 157.

Coming out of the intermission, Janssen gave the Hawkeyes a 15-7 lead with his 6-2 decision over Penn State redshirt freshman Jake Kemerer. Nittany Lion redshirt freshman Ed Ruth, who is ranked between first and third in the nation, made the score 15-10 with his 10-3 decision over Hawkeye redshirt freshman Ethen Lofthouse at 174.

Gambrell and Luke Lofthouse sealed the team victory for the Hawkeyes with wins at the next two weight classes. Gambrell, who is ranked between 14th and 16th in the nation, scored a takedown in each period in his 8-3 upset over No. 6/7 Quentin Wright at 184. Lofthouse collected seven takedowns and his 40th career win with a 17-8 major decision over sophomore Justin Ortega at 197. Penn State won the final bout of the dual, when No. 5/7 junior Cameron Wade posted a 1-0 decision over unranked Hawkeye junior Blake Rasing at heavyweight.

The eighth-ranked Hawkeyes will host Indiana (10-5, 0-4 Big Ten) Friday at 7 p.m. at Carver-Hawkeye Arena. The dual will be streamed live on bigtennetwork.com. Tickets are \$10 for adults and \$5 for youth, if purchased in advance from the UI Athletics Ticket Office, at (319) 335-9323, or online at [www.hawkeyesports.com](http://www.hawkeyesports.com). If purchased at the door, tickets are \$12 for adults and \$6 for youth.

### Results:

125 - No. 2 Matt McDonough (I) pinned Nate Morgan (PSU), 4:16  
133 - No. 10 Tony Ramos (I) dec. No. 5 Andrew Long (PSU), 3-2  
141 - Montell Marion (I) dec. No. 5 Andrew Alton (PSU), 11-9  
149 - No. 5 Frank Molinaro (PSU) dec. No. 15 (at 141) Mark Ballweg (I), 10-3  
157 - No. 3 David Taylor (PSU) maj. dec. No. 14 Derek St. John (I), 12-4  
165 - No. 14 Aaron Janssen (I) dec. Jake Kemerer (PSU), 6-2  
174 - No. 2 Ed Ruth (PSU) dec. No. 13 Ethen Lofthouse (I), 10-3  
184 - No. 16 Grant Gambrell (I) dec. No. 6 Quentin Wright (PSU), 8-3  
197 - No. 14 Luke Lofthouse (I) maj. dec. Justin Ortega (PSU), 17-8  
Hwt - No. 5 Cameron Wade (PSU) dec. Blake Rasing (I), 1-0

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## **Rob Koll notches 200th career win as Cornell defeats Iowa State, 30-16**